

# WEEKLY BLOOD GLUCOSE LOG

NAME: \_\_\_\_\_

| DATE | BG    | BREAKFAST |       | LUNCH  |       | DINNER |       | 12 A.M. | 3-4 A.M. | BASAL RATES | COMMENTS |
|------|-------|-----------|-------|--------|-------|--------|-------|---------|----------|-------------|----------|
|      |       | BEFORE    | AFTER | BEFORE | AFTER | BEFORE | AFTER |         |          |             |          |
|      | BOLUS |           |       |        |       |        |       |         |          |             |          |
|      | CARBS |           |       |        |       |        |       |         |          |             |          |
|      | OTHER |           |       |        |       |        |       |         |          |             |          |
|      | BOLUS |           |       |        |       |        |       |         |          |             |          |
|      | CARBS |           |       |        |       |        |       |         |          |             |          |
|      | OTHER |           |       |        |       |        |       |         |          |             |          |
|      | BOLUS |           |       |        |       |        |       |         |          |             |          |
|      | CARBS |           |       |        |       |        |       |         |          |             |          |
|      | OTHER |           |       |        |       |        |       |         |          |             |          |
|      | BOLUS |           |       |        |       |        |       |         |          |             |          |
|      | CARBS |           |       |        |       |        |       |         |          |             |          |
|      | OTHER |           |       |        |       |        |       |         |          |             |          |
|      | BOLUS |           |       |        |       |        |       |         |          |             |          |
|      | CARBS |           |       |        |       |        |       |         |          |             |          |
|      | OTHER |           |       |        |       |        |       |         |          |             |          |
|      | BOLUS |           |       |        |       |        |       |         |          |             |          |
|      | CARBS |           |       |        |       |        |       |         |          |             |          |
|      | OTHER |           |       |        |       |        |       |         |          |             |          |

**Lee N. Metchick, M.D., F.A.C.E.**

Endocrinology of Central Florida

109 W. Knapp Avenue Edgewater, FL 32132

925 Williston Park Point Suite 1003 Lake Mary, FL 32746

(386) 427-4544    (407) 691-3200    fax (386) 427-8688

