



Lee N. Metchick, M.D., F.A.C.E.

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POST THYROID BIOPSY INSTRUCTIONS

1. After the biopsy, you will be able to drive, return to work, or perform any other activity that you normally do. Continue taking any medicine your doctors have given you as directed since the biopsy does not affect medication schedules; nor does medication affect the biopsy results.
2. Some swelling and discomfort should be expected. This minor discomfort does not bother most patients and requires no medication. If you experience any soreness in the area, simply apply an ice pack and take one or two Tylenol.
3. Please call Dr. Metchick if you develop any signs of infection which would include drainage from the site of the biopsy or if the biopsy site becomes excessively swollen or painful.
4. In most cases, we will receive the biopsy results in one week. If a follow-up appointment has not been made for you, our office will call you within the next seven to ten business days to schedule an appointment with Dr. Metchick to discuss results. All results must be discussed with Dr. Metchick at this office visit. If you have not heard from us by two weeks from your biopsy date, please call us at 386-427-4544 and follow the prompts to speak to Dr. Metchick's nurse.